

READY! SET! GROW!



Maximize Love, Manage Stress

Babies thrive when the world feels loving, safe, and predictable. Caregiving that is affectionate and responsive develops a sense of security and self-control.



Talk, Sing, and Point

Babies learn language from the moment they are born. They learn through loving interactions with their caregivers, not TV or phones. Eye contact, pointing, and real words teach the most about communication.



Count, Group, and Compare

Children are born wired to learn numbers, patterns, sizes, shapes, and comparisons. What they learn about math in the first few years makes a difference when they get to school.



Explore Through Movement and Play

Children are born curious about the world. They are like scientists. Pay attention to your infant or toddler's interests. Help them learn through play and exploration.



Read and Discuss Stories

The more we read with young children, the more prepared they become to enjoy reading and do well in school. Even infants enjoy the shapes and colors in books. Let them hold the book, turn the pages. Point to the pictures and talk about what you see.

The Palmetto Basics are five fun, simple, and powerful ways to help your children become the happiest and most successful they can be! Above are the descriptions of each of the Basics. Choose activities for each Basic that best fit your child's age and abilities. Visit PalmettoBasics.org or scan the QR code below for more ideas.



Check the boxes as you and your child complete each activity. Receive a tote bag and first pin after completing one category. Earn additional pins as you complete more categories. These activities are meant to span the early years of your child's life. No rush to finish, just complete by kindergarten.



Maximize Love, Manage Stress

100
activities

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Talk, Sing, and Point

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Count, Group, and Compare

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activities

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Explore Through Movement and Play

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activities

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Read and Discuss Stories

600
books

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10	10	10	10	10	10	10	10	10	10	10	10	10
10	10	10	10	10	10	10	10	10	10	10	10	10
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10	10	10	10	10	10	10	10	10	10	10	10	10



PICKENS COUNTY
LIBRARY SYSTEM

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